

Please note these minutes were agreed subject to the addition of Joint Work of the Prison Service and TEWV in relation to the Mental Health of Prisoners to the Work Programme.

TEES VALLEY HEALTH SCRUTINY JOINT COMMITTEE

20 July 2017

PRESENT -

Representing Darlington Borough Council:

Councillors Newall (in the Chair), J. Taylor and L. Tostevin.

Representing Hartlepool Borough Council:

Councillors L Hamilton and B Harrison.

Representing Middlesbrough Council:

Councillors E Dryden, J McGee and D Rooney.

Representing Redcar and Cleveland Council:

Councillor I Jeffrey.

Representing Stockton-on-Tees Borough Council:

Councillor E Cunningham.

APOLOGIES – Councillor Thomson (Redcar and Cleveland Borough Council), Councillors Grainge and Hall (Stockton-on-Tees Borough Council), P Mennear, Scrutiny Officer, Stockton-on-Tees Borough Council and A Pearson, Governance Manager, Redcar and Cleveland Borough Council.

OFFICERS IN ATTENDANCE – K Graves (Darlington Borough Council), L Stones (Hartlepool Borough Council), C Breheny (Middlesbrough Council), and G Woods (Stockton-On-Tees Borough Council).

EXTERNAL REPRESENTATIVES –

NHS Hartlepool and Stockton and Darlington CCG –

J Heaney.

NHS North East Commissioning Support –

N Black, S Clayton, L Cooke, L Dauncey and J McGuinness.

NHS South Tees CCG –

M Burdon.

**Tees Esk and Wear Valley Foundation Trust – Durham and Darlington
Child and Adolescent Mental Health Services –**

G Leckenby.

1. APPOINTMENT OF CHAIR FOR THE MUNICIPAL YEAR 2017/18 –

RESOLVED – That Councillor Wendy Newall, Darlington Borough Council be appointment Chair for the Municipal Year 2017/18.

2. APPOINTMENT OF VICE-CHAIR FOR THE MUNICIPAL YEAR 2017/18 – The Chair advised the Scrutiny Committee that Councillor L Grainge of Stockton-on-Tees Borough Council had expressed an interest for the position of Vice-Chair.

RESOLVED – That Councillor L Grainge be appointed Vice-Chair for the Municipal Year 2017/18.

3. DECLARATIONS OF INTEREST – Mark Burdon, NHS South Tees CCG declared an interest as he was a candidate in the Billingham North By-Election within Stockton-on-Tees being held today.

4. MINUTES – Submitted – The Minutes (previously circulated) of the meeting of the Tees Valley Health Scrutiny Joint Committee held on 26 April 2017.

RESOLVED – That, with the deletion of Councillors E Cunningham and L Tostevin in the list of Apologies for Absence, the Minutes be approved as a correct record.

5. MATTERS ARISING – In relation to Minute 4 it was confirmed that the Mind Blue Light Project information would be circulated to Members in due course.

6. MENTAL HEALTH SERVICES FOR CHILDREN AND YOUNG PEOPLE – In January 2016 Scrutiny Committee received a report regarding the Child and Adolescent Mental Health Transformation Plan and the Committee had agreed to receive progress updates.

Mark Burdon, Development Manager, NHS South Tees Clinical Commissioning Group (CCG) gave a PowerPoint presentation which provided information relating to services for young people and in doing so referred to the NHS England publication, in 2015, of Future in Mind.

Future in Mind set out what was needed to create a system that brought together the potential of the web, schools, social care, the NHS, the voluntary sector, parents and children and young people themselves.

In the Tees Valley the report has led to several key achievements which were outlined for the Committee and included a dedicated crisis and liaison service for children and young people being made available in acute hospital and in the community 24/7. Bereavement support for children under 5 who have lost a family member is a specialist

area not provided before and this therapy is done through play. Specialist eating disorders service for children and young people are now being accessed by either GP or Self-referral and not through CAMHS.

One of the aims of Future in Mind was early intervention services working with schools to train all staff in schools, from teachers to dinner ladies, to identify any early signs of a child in need. In terms of service provision the CCG's commission is based around understanding where a child has an emotional and wellbeing need and how that need can best be met.

It was confirmed that the work was different across the local authority areas and that the CCG was looking at the whole school environment. In Middlesbrough teachers refer to the Head Start service, a preventative and early intervention approach to equip young people aged 10-16 years to cope better with difficult circumstances, preventing them from experiencing common mental health problems before they become serious issues. People were becoming more aware of alternatives available in advance of referring to CAMHS and demand for that service was rising which had led to the majority of waiting times for children accessing CAMHS being lower than national standards.

It was reported that the aim was to move away from the current tiered system of mental health services to a more needs-led flexible service drawing on specialisms with health, local authority and education services to provide a social and emotional wellbeing pathway. This includes improving the understanding and offer for vulnerable groups such as SEND, LAC and Conduct Disorder. Schools and Children's Services currently commission services for children and the best way to get best services is to fund together. In that regard it was suggested that joint working taking place over the Tees Valley should also be reflected by moving to joint commissioning arrangements.

In terms of Improving Access to Psychological Therapies (IAPT) for children it was stated that this was a skills set and there was a move to increase the skills of all people who work, or come into contact, with children in order to prevent children moving to adult specialist services.

Committee was advised that nationally there is a rising demand for CAMHS which was being reflected in Teesside and referrals from families were being regularly received. In Teesside 62 per cent of all referrals are assessed by TEWV with 72 per cent of referrals requiring treatment. Many referrals do not necessarily lead to full treatment as some just need assurances that everything is alright. TEWV has an internal target to see children within four weeks. Darlington now has a single point of access and 100 per cent of children receive a telephone appointment within 24 to 48 hours and a face-to-face appointment within five days. Ninety five per cent of children are seen for their second appointment within nine weeks. In Hartlepool and Stockton almost all children are assessed within four weeks.

References were made to the amount of children self-harming in 2016/17, high suicide levels amongst young people which peaked during exams and University entry times and austerity measures being a prime factor for health issues in deprived areas.

Jo Heaney of NHS Hartlepool and Stockton and Darlington CCG's reported that the Tees Valley had a suicide charter, Task Forces were across the Tees Valley and a long established Suicide Action Group tackled the issue of suicide. Not all suicides were preventable as many people are not known to mental health services and do not present elsewhere for help. A lot of work currently undertaken was around emotional wellbeing and supporting families.

It was explained that the Futures in Mind funding was not a separate funding stream and, following a question, the view of the CCG was that given its high profile it would be difficult to see the additional funding in children's mental health services being withdrawn. It was emphasised that efforts had been made to try and up skill the wider workforce rather than bring in specialist support and that part of the TEWV contract was to provide training to anyone who works with children including school staff and governors, midwives and health visitors.

It was queried whether there had been any impact since schools changed to academies and what services were available for refugees and asylum seekers. It was reported that in Middlesbrough all schools bought into the Head Start Service and didn't have to have local authority links. Priory Woods School and Arts College which provided education for pupils with severe learning difficulties and profound and multiple needs, had its own approach which worked really well. Refugees were screened by TEWV which accessed language sources to ensure people could speak in their own language. The Regional Refugee Forum had advised not to put specialist services in place but to increase awareness in existing services. It was stated that being placed in a strange place and community could have as much a detrimental effect as that which a child had left behind in their native country and the key was better integration and being active in the community.

The CCG made reference to Stockton's secondary schools which had adopted a whole school approach. A champion was in all schools, usually the SENCO, Head Teacher or Deputy Head and was the identified point of contact. These champions have a link into CAMHS to ensure they are responding appropriately and are fully engaged in the process.

The Chair referred to the report of the Health Select Committee on suicide prevention and suggested this topic be considered at Item 10- Scrutiny work Programme.

RESOLVED – (a) That the thanks of this Committee be extended to Mark Burdon and Jo Heaney for their interesting and informative presentation.

(b) That the information presented be noted.

7. RECOMMISSIONING OF IMPROVING ACCESS TO PSYCHOLOGICAL THERAPIES (IAPT) SERVICES – NHS Hartlepool and Stockton on Tees, Darlington and South Tees Clinical Commission Group's submitted a report (previously circulated) providing updates in relation to the current IAPT programme delivery, future service modelling and proposals for informal engagement of the IAPT Services for NHS Darlington CCG, NHS Hartlepool and Stockton on Tees CCG and NHS South Tees CCG.

It was reported that the current service contract for Hartlepool and Stockton-On-Tees and South Tees CCGs was delivered via an Any Qualified Provider model, due to end in June 2018 and for NHS Darlington CCG the service was provided by Talking Changes, a joint venture consortium and part of an arrangement with Durham Dales, Easington and Sedgefield CCG and North Durham CCG, due to end in March 2019. Darlington also provides a counselling service which service users with a psychological need can access.

It was the aim of the CCG's to remodel and re-commission IAPT services to reflect the needs of those using the service and align Darlington to Hartlepool and Stockton-On-Tees.

A period of formal engagement is to be undertaken with voluntary and community sector organisations, service users and families, staff and carers to ascertain what is most important to them, this could be transport, location or family.

It was reported that any proposals involving a significant change to the way IAPT services are provided would be subject to formal consultation, proposals with less significant changes would be subject to further informal engagement. The outcome of the consultation will determine the offers, a single point of access may be a better pathway, however, every area has a clear mandate of what needs to be provided through IAPT.

South Tees CCG advise that, as the model in South Tees will not extensively change, there would be no need for formal consultation however an involvement exercise will be undertaken with the public.

RESOLVED – (a) That the current programme of IAPT provision be noted.

(b) That the process and timescales for engagement be noted.

(c) That the proposals for future modelling of IAPT services be noted.

(d) That any change considered significant would be subject to further formal engagement be noted.

(e) That further updates following the engagement phase be submitted to a future meeting of the Tees Valley Joint Health Scrutiny Committee.

8. STAKEHOLDER ENGAGEMENT FINDINGS AND PROPOSAL TO CONSULT: TRANSFORMING CARE RESPITE SERVICES REVIEW – NHS Hartlepool and Stockton-On-Tees Clinical Commissioning Group and NHS South Tees Clinical Commissioning Group submitted a report (previously circulated) providing updates on progress of transforming care respite services, findings of the initial stakeholder engagement activities, next steps with required timescales and proposals to consult.

The review was to look at how people with learning difficulties, and their families and carers, could use a range of different types of services, closer to the family home and

making sure that services are planned and delivered in a way that meets their needs and helps them to have more control.

The review focussed on service users in the Hartlepool and Stockton-On-Tees CCG and South Tees CCG areas. Darlington was not included in the review.

Committee were advised that an exercise to map the services available had been undertaken and details were provided of the current and potential future need of the service in the CCG areas.

Seven scenarios had been developed based on the combined priorities of the CCG and people involved with two being taken forward to consultation.

It was stated that Transforming Care focussed on moving beds from hospital settings and providing respite and beds in a different way and model, for example, an overnight stay in a Premier Inn with care still being provided by Health Care Assistants.

Committee were also advised that a competent and qualified workforce would be available and have a good understanding of the clinical need of service users. It was stressed that the focus was to offer a choice and be responsive to the needs of the individual providing the best respite for them and this was not necessarily in a hospital bed.

As options for the future delivery of respite opportunities could mean a significant change to the way health funded response services for people with Learning Disabilities and complex needs are provided, formal public consultation is required.

A Consultation Plan is being developed with a view to a consultation period of 10 weeks commencing 28 August 2017. A public event is to be held in each of the affected areas with Inclusion North supporting the development of three specific sessions in each of the four areas. It is proposed to use case studies in order to explain possible options and Members urged that the workforce was consulted on the proposals and that the living wage was included in the standard contract documentation.

RESOLVED – (a) That the progress of the project be noted.

(b) That the findings of the initial engagement, required next steps and timescales be noted.

(c) That the proposals for formal consultation for a period of 10 weeks be noted.

(d) That the workforce be consulted on the proposals during the consultation process.

(e) That, Scrutiny Committee assesses the information provided and, as Darlington was not directly affected by the proposals, each affected Local Authority consider the impact of the proposals and consider how a response would be provided.

9. TEES VALLEY HEALTH SCRUTINY JOINT COMMITTEE – PROTOCOL –
Submitted – The Protocol for the Tees Valley Health Scrutiny Joint Committee for the Municipal Year 2017/18.

RESOLVED – That the protocol for the Municipal Year 2017/18 be agreed.

10. WORK PROGRAMME 2017/18 – The Chair presented the report of the Democratic Officer requesting Members give consideration to the priorities for the Committee's Work Programme for the Municipal year 2017/18.

Reference was made to the standard items pertaining to Quality Accounts and monitoring of the North East Ambulance Service (NEAS) which would automatically be included in the programme. Members raised concerns around the New Ambulance Standards and their implications for NEAS and the North East having the lowest level of funding in the Country at £26.70 per person, as opposed to Yorkshire of £35 per person, for the service. Members also requested that, whilst monitoring NEAS, comparisons for ambulance standards be brought to a future meeting of this Joint Scrutiny Committee.

It was also suggested that a piece of work be undertaken on suicide rates within the Tees Valley.

Members considered further potential Work Programme topics which were detailed in the submitted report.

It was stated that as there were only four scheduled meetings within the Municipal Year, the Committee could not do justice to all topics. Members felt that as mental health currently had a large nationally focus, Breast Screening and Cancer Mortality in the Tees Valley be deferred for this Municipal Year.

In relation to the Transforming Care Respite Services Review/Development Members felt that, as Darlington was not directly affected and the Tees Valley Health Joint Scrutiny Committee's footprint would not fit the review's footprint, each authority should respond individually to the Review and this item be removed from the Committee's Work Programme.

RESOLVED – That the Work Programme be updated to reflect the decisions of this Committee.

11. FUTURE MEETING ARRANGEMENTS 2017/18 – The Committee noted the proposed meeting dates for the remainder of the 2017/18 Municipal Year, which were as follows:

- 11 October 2017;
- 19 January 2018; and

- 18 April 2018.

It was stated that all meetings would commence at 10:00am and be held in Committee Room No 2 at the Town Hall, Darlington.

RESOLVED - That the future meeting arrangements, as detailed in the submitted report, be approved.